Psychology I

FINAL

Study Guide

FALL 2012

**Introduction to Psychology –History, Methodology (1, 2)**

What is Psychology? How is research done? What do psychologists do?

cognitive/subjects/control/group/placebo/behavior/variables/behavioral/

hypothesis/psychoanalytic/ biological/learning/socio-cultural/evolutionary/correlation/case study/interview/laboratory/cross-sectional/survey/longitudinal/

**Development - Physical, Cognitive, Moral, Dying/Death (10, 11)**

How are physical, moral and cognitive development linked? How do the major theories of development differ?

Piaget’s Theory of Cognitive Development/Kohlberg’s Stages of Moral Development/developmental psychology/motor development/perceptual development/maturation/attachment/stranger anxiety/separation anxiety/imprinting/assimilation/accommodation/object permanence/parenting/self-esteem/adolescence/puberty/identity/identity crisis/”quest for independence”/teenage challenges/Marcia’s Adolescent Identity Status Categories

**Learning –Classical, Operant, Observational (6)**

How do people learn? What is an application of classical conditioning? Describe operant conditioning.

Conditioning – classical, operant/observational learning/Pavlov’s dog/US, UR, CR, CS -letters of learning/taste aversion/generalization/discrimination/flooding/systemic desensitization/reinforcement-rewards & punishments/shaping

**Memory –Three types, Encoding, Retrieval (7)**

How does memory work? Is memory accurate? Why do we forget?

Types of memories/stages of memories/encoding/storage/retrieval/decay/eidetic memory/icons/chunking/primacy-recency effect/amnesia-types of amnesia/repression/mnemonic devices/relearning

**Motivation and Emotion –Intrinsic, Extrinsic, Biological & Psychological Needs (13)**

What drives behavior? How do human beings experience emotion?

Theories of motivation/Theories of emotion/biological needs/psychological needs/stimulus/drive/need/motive/instinct/obesity/causes of obesity/effects of obesity

**Theories of Personality (14 and parts of 15)**

What are five examples of personality traits? What is the impact of behaviorism on current thinking in psychology? Describe a situation where an awareness of one’s own traits and abilities might help in making important decisions. Name 3 approaches to personality and describe each one’s background and evaluation of it.

Five Approaches to Personality (description and evaluation of each) / Hippocrates / Freud / Jung / Adler / Horney / Erikson / Maslow / Rogers / personality / trait / introvert / extrovert / id / ego / superego / defense mechanism (definition and examples) / behaviorism / socialization / self-concept / congruence / individualism / collectivism / acculturation / archetype / collective unconscious

Personality tests (definition and examples) / objective / projective